

NEW!

G.A.R. MEMORIAL LIBRARY

Together with

THE SAGE CENTER OFFER

GREET THE DAY YOGA

INSTRUCTOR

Sharon Gordon

EVERY WEDNESDAY

FROM 9:00 - 10:00 AM

Open to all ages

Held in the Annex, 381 Main Street, West Newbury

Drop-in, take one, some or all the classes.

Please bring a mat, beach towel and two yoga blocks.

\$5 per class paid directly to Sharon Gordon by cash or check.



The G.A.R.
Memorial Library
West Newbury, MA



SAGE CENTER
social | activities | growth | education

Questions? Please call the Library at 978-363-1105 or SAGE at 978-363-1104