

Monday	Tuesday	Wednesday	Thursday	Friday
May Regular Menu 2024		1 Sloppy Joe 3oz Ground Beef 2oz Tomato Sauce ½ cup Berry Crisp ½ cup Corn ½ Garden Salad 1pc Burger Bun 1pc dressing No Margarine	2 Fish Sandwich 4oz Potato Crunch Fish ½ cup Rice Pilaf ½ cup Brussels Sprouts 1pc WW Sandwich Roll ½ cup Apple Slices 1pc tarter sauce No Margarine	3 Two Compartment 10 oz macaroni and cheese ½ cup Peas & Carrots 1 slice Oat Bread 1pc Fresh Orange
6 3 oz Chicken Meatballs 2 oz Apricot Glaze ½ cup Couscous ½ cup Beets 1 pc Vienna bread ½ cup Pineapple	7 Two Compartment 3oz Ravioli 4 oz Marinara Sauce ½ c Zucchini & Summer Squash 1 pc WW Bread ½ cup mandarins 1pc parmesan	8 Cold: Chicken Salad 3oz Diced Chicken with Mayo & Celery ½ cup Spinach Salad ½ cup Tabouli Congregate: Butternut Soup to replace Tabouli 2pc MG Bread 1pc Yogurt 1pc Juice (no milk) No Margarine	9 Special: 3oz Crustless Asparagus & Cheese Quiche 4oz Au gratin Potatoes 4oz Honey Glazed Carrots ½ cup Fresh Fruit Salad 1pc Cinnamon Coffee Cake 1pc Margarine	10 Two Compartment Beef Stew 3oz Beef 2oz Peas 2oz Carrots ½ cup mashed potatoes 1pc WW Dinner Roll 1pc Fresh Fruit
13 Steak Fajita 3oz Beef 2oz peppers & onions ½ cup Black Beans ½ cup Spanish Rice 1pc Tortilla 1pc Sour Cream 1pc Cookie No margarine	14 3 oz Sliced Turkey 2 oz gravy ½ cup Mashed potato ½ cup Carrots 1 pc LS Wheat Bread ½ cup applesauce 1pc Cranberry packets 1pc Cranberry Sauce (Congregate)	15 Two Compartment Chicken Parmesan 1pc Breaded Chicken 4oz Marinara Sauce 1oz Mozzarella Cheese On top of 4oz Pasta ½ cup Zucchini Congregate: Caesar salad to replace Zucchini 1pc WW Bread 1pc Fresh Orange	16 3oz Pulled Pork 2oz BBQ sauce ½ cup Sweet Potato Tots ½ cup Corn 1pc Burger Bun ½ cup Mandarins No Margarine	17 Two Compartment 10 oz Lentil Stew with vegetables & Potatoes ½ cup Brussels Sprouts 1pc WW Dinner Roll ½ cup Yogurt 1pc Juice
20 Two Compartment Chicken Stir Fry 3oz Chicken Strips 4oz Soy, Garlic & Sesame Sauce 4oz Mandarin Veg Blend ½ cup Brown Rice ½ cup Pineapple 1pc Vienna bread	21 No Meals AgeSpan Volunteer Appreciation Day	22 1pc Hot dog (LS Beef/pork) ½ cup baked beans ½ warm Cinnamon Apples ½ cup coleslaw 1pc Hot dog roll 1pc Mustard 1pc Relish No Margarine	23 Birthday Cold: 3oz Egg Salad ½ cup Italian Pasta Salad with Vinaigrette ½ cup Garden Salad 1pc birthday cake 2pc Oat Bread 1pc Menu Magic Salad Dressing No Margarine	24 Two Compartment Beef Burgundy 3oz Sliced beef 4 oz Burgundy sauce (with mushrooms) on top of ½ cup Egg Noodles ½ cup Broccoli 1pc MG Bread ½ cup Gelatin
27 NO meals Memorial Day	28 Two Compartment 2 pc Stuffed Shells 4 oz Marinara Sauce ½ cup Broccoli Congregate: Minestrone Soup to replace Broccoli 1pc Dinner Roll ½ cup Applesauce 1pc Parmesan	29 3 oz Chicken Kiev 2 oz Supreme sauce ½ cup Rice Pilaf ½ cup Beets 1 slice MG bread ½ cup Pineapple	30 1pc Bateman meatloaf (1.5oz beef & 1.5oz turkey) 2 oz Gravy ½ cup Mashed Potatoes ½ cup Peas 1pc Oat Bread ½ cup Chocolate Pudding	31 Two Compartment 1pc Cheese Omelet 1pc Roasted Potatoes ½ cup Ratatouille 1pc Fresh Fruit (orange) 1pc Fruit Loaf