# HET. NEWBURY.

# TOWN OF WEST NEWBURY

#### **BOARD OF HEALTH**

TOWN OFFICE BUILDING 381 MAIN STREET, WEST NEWBURY, MA 01985 PHONE 978-363-1100 FAX: 978-363-1119

## West Newbury Board of Health – COVID-19 Update #10

DATE: July 3, 2020 Office: 978-363-1100, x119

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Since the Board of Health's last update on May 27<sup>th</sup>, two additional residents have tested positive for COVID-19. This brings our total confirmed cases to 10 in West Newbury. All of these individuals have completed an isolation protocol and have recovered from their illness. They were supported, monitored, and interviewed for contact tracing to identify additional potentially infected individuals by West Newbury's Public Health Nurse according to MDPH guidelines.

As we begin our recovery from the severe health and economic impacts of COVID-19, and start enjoying the warmer summer weather along with the gradual and thoughtful reduction of public health restrictions by the State of Massachusetts, we all need to be reminded that the extremely infectious and dangerous COVID-19 virus has not left us. The State's management of the COVID-19 virus public health emergency by instituting public health restrictions, widespread testing, contact tracing, and continued endorsement of social distancing and wearing face coverings have proven to be effective in our State's success in COVID-19 management.

We have progressed in our State's recovery and will be entering into Phase III, Step 1 on July 6th. Along with more reductions in public health restrictions, we all need to continue our practices of social distancing and wearing a face covering/mask. At any time, we could be infected and have no symptoms while we are actively infecting others. Social distancing still remains VERY IMPORTANT. If you're sick, STAY HOME. The West Newbury Board of Health thanks all of our residents for their continued respect and consideration of others as we all work to decrease the spread of this virus.

The basketball courts and playground structures have been opened for recreational use only, no organized games or scrimmages are allowed, no sharing of equipment or toys. All loose toys have been put in storage for the time being. If you bring toys, please bring them home when you leave. If the courts or playgrounds are crowded and social distancing can't be maintained, you should leave and come back at another time. The parking lots for Mill Pond / Pipesatve Hill recreational areas are still restricted to residents ONLY (with permits). Parking permits can be obtained by emailing <a href="mailto:parkingpermitwn@wnewbury.org">parkingpermitwn@wnewbury.org</a> or by phone 978-363-1100, x134. Email requests are preferred. <a href="mailto:Please include a copy of your vehicle registration.">Please include a copy of your vehicle registration.</a>

BLOOD DRIVE REMINDER: The BOH has partnered with the American Red Cross and will be holding a Blood Drive on July 8<sup>th</sup>. The blood drive will take place at the Town Office Building Annex from 12 PM – 5 PM. To schedule a donation time, please visit https://www.redcrossblood.org/give.html/drive-

<u>results?order=DATE&range=10&zipSponsor=01985</u>. We would like to thank you in advance for your much-needed donation.

If you think you have been exposed to COVID-19, or if you develop a fever and respiratory symptoms such as a cough or difficulty breathing, call your healthcare provider immediately.

### IF THERE IS AN EMERGENCY CALL 911 IMMEDIATELY

For more information, the following websites can be reviewed. MA Department of Public Health (DPH) website at: <a href="www.mass.gov/2019coronavirus">www.mass.gov/2019coronavirus</a> & the Center for Disease Control and Prevention (CDC) website at: <a href="www.cdc.gov/coronavirus/2019-ncov">www.cdc.gov/coronavirus/2019-ncov</a>.